



# NYSTART

Systemic, Therapeutic, Assessment,  
Resources and Treatment

An initiative of the New York State Office for People With Developmental Disabilities.



Western/Finger Lakes START



## NYSTART Facts

### What is NYSTART?

- Offers crisis prevention and response supports for OPWDD eligible individuals, 6 years of age and older, with developmental disabilities and complex behavioral health needs. Supports are also available for families and/or those who provide supports.
- Provides you with a support network, across service systems, with the resources you need to care for your loved one, so they can remain in their own home and community.
- Provides consultation and coaching tools to increase your ability to support your loved one.
- Provides short-term, in-home, therapeutic supports for individuals who are experiencing what could be identified as a “crisis”.
- The full array of NYSTART supports includes: development of a cross-systems crisis plan, in-home supports, resource center (out of home therapeutic assessment, ages 21 and over).



### When to call NYSTART?

- When you need help accessing support in times of crisis.
- When you need help coordinating communication and partnerships across developmental disability, mental health, community, and family networks to improve supports for your loved one and decrease the need for hospitalization and loss of community placement.



**For more information contact: (844) 567-8278  
or online at [www.opwdd.ny.gov/NY-START/home](http://www.opwdd.ny.gov/NY-START/home)**

*Supporting the Western/Finger Lakes Region of Allegany, Cattaraugus, Chautauqua, Chemung, Erie, Genesee, Livingston, Monroe, Niagara, Ontario, Orleans, Schuyler, Seneca, Steuben, Wayne, Wyoming, and Yates Counties.*