



The Arc of Chemung
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Achieve with us.®

For people with intellectual and developmental disabilities

TO: News Editors
DATE: October 11, 2016
CONTACT: Missy Goetschius, Public Relations Director, The Arc of Chemung
CONTACT INFO: 607.734.6151 x122 or email GoetschiusML@arcofchemung.org
RE: Halloween-Themed 5k Run and 1 Mile Walk

FOR IMMEDIATE RELEASE:

Elmira, NY – Register for The Arc of Chemung's second annual Spooktacular 5k and Scarecrow Sprint 1 Mile event, to take place on Sunday, October 23rd at 10:00 a.m. Costumes are encouraged but not required.



Race day registration will be held from 9:00—9:45 a.m. with the race beginning at 10:00 a.m. T-shirts, for adults, and Halloween-themed goodie bags, for youth, will be available to the first 100 registrants.

To register visit www.ArcOfChemung.org and download the official entry forms or click to register online.

For additional information, contact Missy Goetschius at GoetschiusML@ArcOfChemung.org or by calling 607.734.6151 ext. 122.

Special thanks to our event sponsors who make this charity event possible, with 100% of proceeds benefiting our Recreation Program: Silver Sponsors: Visions Federal Credit Union, Wink106, 100.9 the Wolf, Wingz 104.9; Excellus BlueCross BlueShield; The Hilliard Corporation; Gough Holding Corporation; Mengel Metzger Barr & Co. LLP; Southern Tier Running Club; Cameron Manufacturing and Design; First Heritage Federal Credit Union; Perry & Carroll Insurance; Southside Pudgies Pizza, Pasta and Subs; as well as Ultimate Fit Chick and Past & Present DJ Productions, who both volunteered their time and talent.

The Arc of Chemung's Recreation Program creates recreation, socialization and leisure opportunities for people with intellectual and developmental disabilities. People with intellectual and developmental disabilities living in the community are very often socially isolated and lack the social skills to pursue a life with meaningful relationships.

ABOUT THE ARC OF CHEMUNG

Founded in 1953, The Arc of Chemung is a person-centered, not for profit organization committed to meeting the needs of individuals with intellectual and developmental disabilities and their families in the Chemung County area. The agency provides quality supports and opportunities for individual growth for every person supported by means of education, increased community acceptance and participation.

The Arc of Chemung supports nearly 800 individuals with intellectual and developmental disabilities and their families annually. Learn more at www.arcofchemung.org. *The Arc of Chemung is a chapter of the state agency, NYSARC, Inc. and is nationally accredited by The Council on Quality and Leadership (CQL).*

